"Nutricide: The Killing Camps of Codex Alimentarius"

Or How the Nazis Took Over the World Food Supply.

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Nutricide (nootrih side):

1. Intentionally bringing about our causing the death of a body of knowledge and information concerning the health promoting and curative attributes of herbs, food and food components
2. Intentionally bringing about our causing the death of large numbers of people through nutritional manipulation

Codex Alimentarius (the international food standard organization) and multinational corporation collusion together impair and gravely threaten world health. If Codex has its way, its deadly standards and guidelines will be implemented in the United States by 2010 significantly impairing the health and health prospects of all Americans, killing those with chronic illnesses who depend on therapeutic dose nutritional supplements for survival.

Codex Alimentarius will contaminate every bite of food you eat and make your favorite vitamins, minerals and herbs illegal substances. It will become impossible in the United States to find clean food to feed your family or yourself or to use natural health options to get well and stay that way, at least legally. Codex rules governing organic food so degrade it that pollution with veterinary drugs, pesticides, genetically modified foods, toxins and growth hormones will make the designation totally meaningless.

Implicit in estimates by the two organizations which run Codex Alimentarius for the UN[1] are that implementation of just the restrictive Vitamin and Mineral Guideline alone[2] will result in the deaths of at least 3 billion people worldwide. Those estimates anticipate the deaths of at least 1 billion people from simple starvation and 2 billion more from what WHO and FAO identify as the “preventable chronic diseases of under nutrition”: cancers, cardiovascular disease, stroke, diabetes and obesity.

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[1] World Health Organization (WHO) and Food and Agriculture Organization (FAO)
[2] Ratified July 4, 2005 by the Codex Alimentarius Commission in Rome, Italy
To accomplish that vile goal, Codex is in the process of degrading the health and social integrity of the global community by, for example:

- Requiring all animals used for food to be treated with antibiotics.
- Mandating all food animals be treated with growth hormones.
- Mandating all dairy cows be treated with Monsanto’s bovine growth hormone.
- Allowing unlabeled genetically modified (GM) food worldwide.
- Permitting shockingly high pesticide residues in food, including 7 pesticides already banned by agreement of 174 nations at the Stockholm Convention (2001).
- Mandating irradiation of all foods despite the serious dangers this presents to the environment and consumers.
- Degrading Organic Standards to the point of meaninglessness.

Codex Alimentarius (Latin: “food rules”) was created by the UN on the instigation of the mastermind of the German death camps, Fritz ter Meer, former “Over Manager” (CEO) of the German industrial combine, IG Farben. He realized that the control of food was the key to world control while he was in prison for crimes against humanity (including creating and running the German death camps and slave labor system) after WWII.

In 1954, after his release from prison, ter Meer became President of Bayer Pharmaceuticals and, along with 4 other drug companies, lobbied the UN to take control of the world’s food supply. In 1963 the UN asked WHO and FAO to run the Codex Alimentarius Commission, controlling the international trade of everything that could legally go into your mouth (except drugs) and, allegedly, protecting “the health of consumers”. Operating in effective secrecy (because of a near total media blackout), Codex today is a fantastically complex bureaucracy actively degrading the quality of food of every nation in the world, including the United States, while it works to make all natural health options illegal.

Today’s Nutricide system is Codex Alimentarius and it is, to be sure, the resistance of the multinational illness industry dinosaur to the inevitability of its demise and the burgeoning desire of humanity for a healthier, saner, and more sustainable way of life. But it is much more: it is the modern incarnation of the “Eugenicists’” belief in the moral and economic imperative which makes it incumbent and urgently correct for those who control society to protect and perfect it from depredation and defilement by “them” for the benefit of the rightful masters of monetary and moral gold: “us” whatever it may cost “them”. The social “sterilization” slope is steep and well lubricated with moral self-justification driven by self-interest and worse. Beginning with those with “physical disabilities” and extending to those with “social disabilities”, widening to those with “genetic disabilities” and culminating finally with those with “political disabilities.

“While examining how the Nazis treated people with disabilities it is wise to review the macropolitical and social forces that still impact our view of the disabled today.”[1] notes Professor Mark Mostert of Regent University in his informative essay, “Useless Eaters”,

Dr. Mostert reminds us that when considering our response to the vulnerable in our society, it is wise to remain aware of “the role of science, the power of ideas, the convergence of macrosocial convictions, the complicity of the medical profession, and the role of propaganda”\[2\] He points out that what made the idea of eugenics dangerous did not lie in the concept itself but the way in which it was co-opted to drive social actions “with scant regard for decency and compassion”.\[3\] Codex has co-opted science to drive social actions with the same scant regard for decency and compassion and now presents a threat as great to the global community as the Nazi killing machine presented to Europe.

In our global society, Fritz ter Meer’s world view, embodied so well in Codex Alimentarius and its deadly policies, extends to global urban slums and low economic level villages rendering their inhabitants useless and therefore ripe for “disinfection”. Those who resisted were silenced in the tidal wave of demand for conformity of all people, everywhere in all ways. Those who resist Codex are silenced in the same tidal wave of demand for conformity of all food, everywhere in all ways. In a weird historical twist, Nazi inspired genocide has gone from being based on what you are to what you eat. The result of Codex Alimentarius is much the same without the need to institute expensive and resource-consuming Killing Centers or Death Camps. Poison the food in village markets and city supermarkets and they become your death camps. Think about how much money you save and how much blame you escape!

German “social sanitation” began with a definition of who was useful to society and who was not. Those with obvious disabilities were the first class of ‘useless eaters’ Next came people with “economic and social disabilities” and then people with “political and ethnic disabilities”: Slipping from lack of economic productivity to lack of acceptable behavior to lack of social and political conformity to lack of genetic conformity, the slope was steep and easy to slide down. “Sanitizing” and “disinfecting” society becomes a responsible act to protect it until the unworthy, those not worth saving, are purged and, so it is claimed, their demise “strengthens” the survivors.

Make no mistake: despite its claims to be scientific and benign, Codex is a death machine coming out of a long tradition which justifies the death of those of us who are “Useless Eaters”, a term popularized in Germany by Professors Karl Binding and Alfred Hotch in their 1920 essay, “Permission for the Destruction of Life Unworthy of Life”. In this widely read – and debated – essay, the academics argued that the right to be alive was earned, not conferred, and that killing people with disabilities, or others whom they determined were unworthy to live, was justified. The right to live was earned, they argued, by being a useful economic contributor to society. Absent that ability, one becomes a “useless eater” who, because they are not needed, may be disposed of.

Included in the class of “useless eaters” under the Nazis were the disabled and the mentally ill, the vagrant and the unemployable. This world view, in which ter Meer

\[2\] Ibid
\[3\] Ibid
vigorously participated, would lay the foundation for Codex sub text: survivors collaborate with the major international corporate sectors (Big Pharma, Big Agribiz, Big Biotechna, Big Chema and Big Medica) to centralize distribution, standardization, trade and accumulate wealth through illness. Simultaneously, remove those who were not useful to serve the needs of the new rulers who would preside over the new economy: one without consumers, only masters and their servitors.

Under the Nazi system, the one which ter Meer served so successfully and ardently championed, the economic worth of an individual determined his social standing and his right to the resources available. People of lower economic worth could be deprived of support or resources without social guilt; hundreds of thousands of vulnerable and disabled Germans were permitted to die of inadequate sanitation, medication, food, shelter and clothing because they were useless eaters and their loss strengthened the State. This valuation of human life by economic markers was a key intellectual piece in the social acceptance of genocide.

As institutional care for the indigent, insane and disabled vanished, these vulnerable populations were seen as a danger to social morals and decency. As in the US, dysfunctional behavior was increasingly viewed as a legal offense and the disabled entered the criminal system by virtue of their dysfunctional behavior. The cost of their incarceration was then seen as a drain on the economy and pressure for their elimination mounted while economic disability, physical disability and criminality became fused in the public mind. In fact, by the late 1930’s in Germany there was open dialogue about the desirability of killing inmates of asylums. Useless eaters all, there was no reason that society should not be served by killing them and giving the resources that they would consume to the worthy.

Social Darwinism, whose most extreme version is eugenics, holds that all behavior is genetic, the strongest, richest, whitest, blondest, most powerful are the most genetically desirable and that incarceration, sterilization or death would rid the population of undesirable genes, thus making it stronger and more successful. In ter Meer’s world, the poor were more likely to commit social offenses so they were the least worthy of resources to consume. If they were really worthy of maintaining life, they would be making a significant contribution to society. Since they were not, and were only useless eaters, they could – and should – be disposed of for the good of the remaining members of society, those worthy of life.

“Eugenics”, coined by Francis Galton in 1881, gained its most influential early proponent in Charles Davenport, an American who defined the term as “the science [sic] of the improvement of the human race by better breeding.” The concept was popular with Americans and found a place in the United States when Cary Buck, whose mother was “feebleminded”, gave birth to an illegitimate “feebleminded” child in 1927. Politicians jumped on the issue and many states passed laws requiring compulsory sterilization of the mentally defective. Useless eaters, they should not be permitted to procreate.
In the Germany of the Nazis, the inferiors of the world would be eliminated through “Positive Eugenics” or high birth rates by desirable people and “Negative Eugenics”, the death of undesirable people who had neither genetic nor economic worth and, because these factors were determined by genetics, would never develop any desirable characteristics, traits or contributions to society. IG Farben’s Germany had 220 Health Courts which determined who would be involuntarily sterilized before the ter Meer’s death camps went into full swing. It is interesting to note that the linguistic confusion and obfuscation caused by the merger of “health” with “death” has strong echoes in our own society in which “healthcare” is actually, for most people, “illness care”.

Very much in the spirit of the current Administration’s new Military Tribunals for American Citizens (which were recently decried by the American Bar Association), in which anyone who is thought to be a “suspected terrorist” (including, according to Arizona branch of the FBI, a person who “defends the US Constitution”) may be held without legal representation, charges or a trial for an indefinite period, Germany’s “Law Against Dangerous Habitual Criminals” stipulated that people who qualified could be held in indeterminate “protective custody”. Further, they could be surgically castrated and committed to asylums at the whim of the Health Court. Hitler reasoned that, although it was his intent to murder the “undesirable”, only the heat of war would ready the German public, conditioned by suitable propaganda, to accept that course of “cleansing” action.

Entire classes of people, defined by biological markers like skin color, social markers like opposing political views or economic markers like poverty could be easily classed as low value, high threat populations and could be dispensed with. Racial, ethnic, social and economic profiling run amok coupled with the concept of Social Darwinism and the waste engendered by useless eaters leads to only one conclusion: get rid of THEM for the safety and good of US.

1939 was the year in which Germans were officially informed that it was their duty to be healthy. It was also the year that the German Children’s Killing Program was launched to officiate over the extermination of all children with disabilities or who were otherwise not wanted. Pediatric useless eaters, too, were disposable. Reporting directly to Hitler under the scientific-sounding “Committee for the Scientific Treatment of Severe, Genetically Diseased Illness”, the Children’s Killing Program produced a document on August 18, 1939 which called for the registration of all children up to the age of 3 with any kind of disability. Across Germany, midwives were paid a bounty for every child registered. Reports went to 3 German doctors who marked the children’s records either for survival (a minus sign), termination at a later time or, if their records were marked with a plus sign, for what was variously called “treatment,”, “disinfection”, “cleaning”, “therapy” or “selection”. Housed in 28 “killing centers”, medical staff supervised and participated actively in the removal of tiny useless eaters.

Starvation (not preferred as it took too long), exposure to the cold German winters, chemical agents or lethal injections to the heart were, in ter Meer’s Germany, perfectly
acceptable actions to get rid of socially useless people with the help and participation of the medical world. The source of the chemicals for the lethal injections? IG Farben.

In 1939, Hitler personally authorized “Aktion T4”, a program to kill all “adult undesirables”. Because shooting them in the back of the head (4000 Poles), tying them together and blowing them up with dynamite and mass train wrecks were inefficient and unsavory, mass carbon monoxide poisoning became the favored means of extermination. It was noted by the German authorities that the murder of so many inmates and patients at such close range exacted too heavy a toll from their killers so less intimate means of killing larger numbers of people were needed.

IG Farben was happy to oblige. Carbon monoxide was settled on as the answer and 6 large “Killing Centers” were set up. The engines that produced the carbon monoxide were produced by IG Farben. So were the hoses and showerheads which carried the deadly gas to the useless eaters. Once dead, their bodies were plundered for gold teeth and used for autopsies and “practice cadavers” for German surgeons in training. After cremation in the IG Farben-produced crematoria, non-specific ashes were sent to grieving families at the expense of the victim’s kin if they requested them in urns made by IG Farben. Favorite alleged causes of death were “breathing problems”, stroke, meningitis and pneumonia.

By 1941, children up to 17 were exterminated in the Children’s Killing Program (although Jewish children were excluded since they did not deserve a “merciful” death) and between 70,000 and 80,000 Germans and Eastern European useless eaters were allowed to die in this way by personnel chosen specifically for their brutality and devotion to the Nazi ideals. Physicians, however, remained in charge since, according to one of the top officials of the program, Viktor Brcek, “The needle belongs in the hand of the doctor.”

On the occasion of the 10,000th victim of the Killing Center at Hagdamar, a festive party was held in the IG Farben-built crematorium where the staff celebrated with beer, dancing to a polka band and a mock burial of the latest victim shrouded in a swastika banner.

During the Killing Center warm up period for the death camps to come, the “inhalation therapy” rooms into which the naked victims of impending “disinfection” were herded were not satisfactory since the victims “resisted the need for this therapy”. This led the Nazi exterminators to change the guise of the rooms: perforated tubes for the introduction of carbon monoxide were replaced with shower heads which was both more familiar and more acceptable to those about to be “sanitized”.

Under the conceptual system of ter Meer and the other exterminators of useless eaters, their economic non-productivity and economic drain on the resources of society were sufficient reason to disinfect society of them. A German report noted that this human sanitation had saved the government 885,439,980 Reich Marks (RM):
• 13,490,440 RMs on meat and sausage
• 708,350 on jam
• 1,054,080 on cheese
• 20,857,026 on bread

The Aktion T4 program came to an end in 1941 when Roman Catholic Bishop Clemens von Galen preached a fiery sermon denouncing the program. His August 3 sermon was widely circulated in Germany. Catalyzing growing German unease because of an emerging penetration of the lies surrounding their loved ones death and the outrage of their kin, the Nazi regime feared popular and international backlash (especially the Swiss-based Red Cross) so Aktion T4 was shut down.

The killing, however, continued because useless eaters still drained the coffers of the state and the sensibilities of the public. The responsibility for their extermination was transferred to more than 100 hospitals where lethal injections, starvation and exposure were the most favored means of extermination. IG Farben made Germany’s drugs and chemicals, lethal and otherwise.

When the program was shut down, particularly brutal and efficient staff members of the Killing Centers were rewarded with appointments as the first Commandants of the death camps of Sobibor, Belzec and Treblinka.

Codex is a Teutonic creation that violates Anglo/American legal traditions. The US legal system is being subverted to make way for Codex that is based in a legal system that stands our own system on its head. Codex is based on the European Napoleonic Code that differs sharply from Anglo/America Common Law. Under Codex Alimentarius, anything not explicitly permitted is forbidden. Under Common Law, we hold that anything not explicitly forbidden is permitted. The difference is simply the difference between health freedom and health tyranny.

Clean, nutrient-dense food is the basis of health: Codex is driven by industries that make money from illness and from contaminating foods with highly profitable poisons.

For example, in Rome, at the 2005 Codex Commission meeting, Kenya pointed out that by doubling the allowable levels of cadmium (an industrial heavy metal contaminant) in polished rice, an estimated 65,000 children in Kenya would die each year from totally preventable kidney failure. Malaysia echoed these concerns. The Chairman of the Codex Commission insisted that the increased cadmium standard be moved forward toward ratification because he did not want “to waste the good work of the Committee [which brought the cadmium standard forward]”. Each of those dying Kenyan children killed by preventable good-old-boy-network-corporate-interest-induced kidney failure will have the US and its industrial masters to thank for his/her premature death. In addition to additives and veterinary drugs, heavy metals, pesticides and contaminants are

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[5] Ibid.
[3] Sweden’s Dr. Albert Slorach
permitted at levels so high that human health and longevity are under siege all over the planet. And the siege engine is on your plate at every meal.

Codex takes special aim at adequate nutrition and nutritional/herbal health strategies: it targets nutritional health options for world-wide extinction. The well orchestrated “Poison press” assault on herb and dietary supplements using slick, cleverly designed poor science studies to create a “scientific slight of hand” is designed to alarm people about nutrients and send them back into the comforting, highly profitable and frequently lethal, arms of Big Pharma. St. John’s Wort, Kava Kava, Ephedra, Beta-Carotene, Vitamin E, Vitamin C, Goldenseal, Glucoseamine, natural cancer treatments and a host of other popular natural options are under continuing attack. Each article or “study”, once dissected, is scientifically hollow and based solely on junk science. But the threat of losing market share is very great and rapidly accelerating so the response from Big Pharma is vigorous and virulent, making clear just how vulnerable they really are to people who see the light of day and make natural choices using accurate information.

According to Codex Nutrition Committee Chairman Dr. Rolf Grossklaus[4], a German physician, “nutrition has no place in medicine”[5] and nutrients should not be available for use to prevent, treat, mitigate or cure any disease or condition. When a country complies with Codex standards and guidelines, it guarantees highly profitable, preventable deaths will skyrocket and its people will suffer while the interests that drive Codex will prosper.

Dr. Grossklaus has decided to treat nutrients as toxins. As the Chairman of the Board of bFR[6] a German Risk Assessment company that provides data to Codex under contract, this appears to represent a serious conflict of interest with lethal global impact.

Once the Vitamin and Mineral Guideline goes into effect in a country, all high potency nutrients and the effective compounds in herbs become illegal, with or without a doctor’s prescription. Under Codex compliance, it is forbidden to prevent, treat, mitigate or cure any disease or condition with nutrients or even tell people that they are related to health since associating health benefits and food components is forbidden. In compliance with Codex, for example, the EU is currently in the process of removing all high potency nutrients and virtually all effective herbs from shelves throughout its 25 member countries. The European Food Supplements Directive, European Medicinal Therapeutic Herbal Products Directive and other Directives are systematically removing the rights of Europeans to choose health and exercise health freedom based on clean food, nutrients and herbs. Five million letters to the EU Parliament once the Food Supplements Directive was adopted were useless: the EU missed its window of opportunity. America’s window is still open. A Codex guideline is only mandatory in nations that formally adopt it.

[4] Codex Committee on Nutrition and Foods for Special Dietary Uses (CCNFSDU)
Although Codex’ workings are not literally secret, they might just as well be. Codex Alimentarius rarely surfaces in the press: it is usually submerged under a remarkable international code of silence. When that code is broken, Codex’s strategy is “paint and taint”. The media campaign *paints* Codex Alimentarius as a benevolent tool of "consumer protection", while it *taints* natural health options. The on-going poison press against nutrients is powerful and pervasive, stretching from the Wall Street Journal to the New England Journal of Medicine and JAMA to mislead consumers into a contemptuous pseudo scientific fear that natural options like vitamins and herbs as "dangerous". That way, consumers have no option but to seek out and take drugs (which really are dangerous).[7] Dietary Supplements are foods and should not be treated as toxins, like pharmaceutical drugs or industrial chemicals.

More and more people are turning to natural health products globally. The "wellness" trend is a major force in today's society. The more natural health products people use, the fewer drugs they buy. The pharmaceutical industry, a major force in the "Sickness Industry", deeply fears the inevitable shift toward natural health care and is ruthlessly taking steps to stamp out natural health options while the Codex process appears to be taking steps to stamp out those of us who are the new global useless eaters.

Codex asserts that its standards and guidelines are “science based”, using junk science designed and cherry-picked to “prove” commercially useful conclusions. Biochemistry, environmental science, clinical nutrition, veterinary science and epidemiology are routinely ignored in favor of highly questionable “tobacco science”. Codex delegates, usually busy mid-level bureaucrats, are mesmerized by the Codex self-propaganda: Codex is “science based” and so its recommendations (virtually always exactly what large commercial interests in the United States or the EU want them to be) can be trusted.

The result of Codex’s assault on health freedom will be dramatic and inevitable increases in preventable chronic illnesses, death and a lower quality of life, despite the vast body of excellent science and clinical experience showing the importance of nutrition in preventing and recovering from chronic illness. The evidence is there: restricting access to, and suppressing information about, the health benefits of food is already killing people. The three major killers in the US are heart disease /stroke, cancer and diabetes, (after correctly used pharmaceutical drugs, that cause *more* deaths than even these diseases.)[8] WHO and FAO, the international organizations that run Codex for the UN, issued a joint report in 2002 which specifically identifies heart disease and stroke, cancer and diabetes as non communicable epidemic diseases, preventable killers caused by under nutrition.[9] Codex, however, actively mandates that under nutrition, and throws in deadly toxicity for good measure, making global Nutricide faster and more efficient, since nutritional requirements go up in the presence of toxicity. To allow this process to

[8] killer number 1, according to the Journal of the American Medical Association, the Lancet and the British Medical Journal
kill us is suicide. To allow it to kill the rest of the world’s most nutritionally vulnerable people is Nutricide.

Astonishingly, the supplement industry itself is being deceived into believing that Codex Alimentarius will help it open global markets while those markets (and the US market) will, in fact, forbid any nutrient that causes any change—even a desirable one—in a human being. For example, giving your son 10,000 IU of Vitamin A for his acne will be illegal. Treating your mother’s arthritis with glucosamine and chondroitin sulfate will be against the law. Preventing osteoporosis with 1500 mg of calcium and 2000 IU of Vitamin D will be a felony since Codex accepts the WHO definition of a nutrient related “adverse event” as “any change in a bio marker [including positive ones]”: nutrient doses causing such “adverse events” will be forbidden.

Under Codex (and U.S. HARMonization with Codex) physicians will no longer be able to tell you that eating broccoli may help to reduce your risk of breast cancer since Codex forbids advertising which links food components and health benefits and defines advertising as anything which causes a change in behavior. They certainly will no longer be able to recommend that you give your mother 5 mg of Vitamin B12 under her tongue although it reversed her dementia or that you take 400 mg of CoQ10 a day because it has been shown to cure breast cancer.

The U.S. government, either blind to the ramifications of Codex or well aware of them, is influenced by the most powerful corporate lobbies in the world: Big Pharma, Big Chema, Big Agribiz, Big Biotechna and Big Medica. The FDA has announced its determination to “HARMonize” our domestic food rules with those of Codex in preference to US standards, although there is no question doing so will bring significant additional disease, violate US law and violate the values of our increasingly health and environmentally conscious population.

The U.S. government acts as if the thousands of scientific studies, many of which it sponsored, over the last two decades showing the importance of nutrition in preventing and recovering from illness and the widely understood correlation between poor nutrition, nutrient-poor foods and negative health outcomes simply do not exist.

Codex is already compromising our health. One example of the erosion of our domestic values and our democratic processes is the reversal of rules regarding high fructose corn syrup (HFCS). Despite its name, this cheap and dangerous sweetener is generally derived from Genetically Modified corn, not from fruit. HFCS was banned from beverages in the US because of its serious health hazards but is now permitted in U.S. drinks. When Codex approved high fructose corn syrup, the U.S. rapidly changed its regulations to “HARMonize” with Codex. The result? An epidemic of childhood obesity and diabetes: HFCS is literally killing our kids. Unfortunately, HFCS is only one example out of hundreds in which humans in the U.S. are unknowingly being subjected to dangerous international standards—unaware of the corruption and greed shaping those standards.

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1 US Federal Register, October 11, 1995
Today, politicians and the media close their eyes to the galloping corruption of our food and food regulators and permit clean, wholesome food to disappear in favor of food grown and processed in ways guaranteed to make us sick. For example, a December 2005 Internal Audit by the US Department of Agriculture (USDA) found that untested and potentially exceedingly dangerous Genetically Modified pharma crops (which produce pharmaceuticals and other chemicals) are being grown on test plots whose locations are frequently unknown to the USDA. Physical monitoring of site conditions such as storage and environmental protection from wandering engineered DNA (to say nothing of human or animal consumption) is thus impossible. **No written plans exist to prevent the spread of dangerous, unapproved crops’ DNA from spreading into the food supply or, to use the pleasant euphemism which the biotech industry likes, “volunteering.”** “Permits” to grow these potentially deadly crops are routinely granted on the basis of telephone conversations with the companies holding the patents in which employees verbally assure regulators that required procedures are being followed and that these untested pharmaceutical crops are safe. Neither written nor independent verification of any of these assurances is required or provided. Non pharma Genetically Modified food crops need no permit whatsoever. Despite serious questions about their safety for humans, livestock and the environment, all that is required to introduce Genetically Modified food into the US food supply (for humans and animals alike) is to hold a patent. Safety testing may take place inside biotech company compounds or it may not, but the U.S. government never sees it before a Genetically Modified food hits your table and your cells.

Public awareness and opposition to the contamination of our food supply and the erosion of our health freedoms are growing. The Natural Solutions Foundation is the global voice of those who are not ready to be the next crop of useless eaters. From suing the US Government over their illegal policies of Codex “HARMonization” of nutrients to traveling the globe to meet with high-level decision makers, legislators and consumer advocates, their advocacy is waking the world up. The Natural Solutions Foundation needs you and your voice. Their website is [www.HealthFreedomUSA.org](http://www.HealthFreedomUSA.org). The Natural Solutions Foundation’s newsletter and educational materials are vitally important resources to have and to share. After all, “YOU ARE WHAT YOU EAT.”