

Word Count: 1009

Health Freedom Is Un-American

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Health Freedom is a threat to the American Way of Life and Death. Making your own health choices is downright Un-American! Torture is American. Suspending Habeas Corpus and “disappearing” people is American. Compulsory drugging is American. The Orwellian “New Freedom Initiative” (mandated mental health screening and compulsory drugging) and Pharma sales dream “Teen Screen” are American. The drug companies and their top dog paid shill told us so. Taking children away from their parents when they don’t agree to subject them to known toxins (e.g., chemotherapy, Tamiflu, vaccines or mind meds) is American. Utah told us so when they arrested Parker Jensen’s parents for felony kidnap after they left Utah to find non-toxic treatment for their son’s supposed cancer. When no trace of cancer was found, Utah dropped the charges.

Having clear thoughts, unimpeded by mind-altering drugs, is Un-American. Choosing natural, non-toxic, inexpensive and effective treatment options for physical, emotional or attentional problems is, too. Natural health options provide significant competition to Big Pharma’s deadly lock on drug treatment for everything. The push is on: drugs for kids, drugs for seniors, drugs for everyone making their way on the rocky road called life. After all, profit is American and the most profitable industry in history needs to make sure that people do not have any health alternatives except theirs: drugs.

Dying from drugs is American. Properly used drugs are the 4th leading cause of death in America! Add incorrectly used drugs and you have the most American way to die. In fact, in American, your drugs will probably kill you¹. Ninety percent of older Americans take prescription drugs, nearly half of them take five or more different drugs.² Most are taking drugs for the side effects of the drugs they are taking for the side effects of drugs. And those interactions are all experimental.

Nutrients do not kill people. Drugs do. Nutrients are cheap. Drugs are expensive. Nutrients support enzyme systems. Drugs poison them. Nutrients can prevent and correct the underlying causes of most chronic, degenerative diseases (e.g., cancer, cardiovascular disease, diabetes, MS, Parkinson’s Disease, etc.) Drugs can only suppress side effects.

¹ http://www.lef.org/magazine/mag2004/mar2004_aws_i_death_01.htm

² [Prescription Drug Coverage and Seniors: Findings from a 2003 National Survey](#),” *Health Affairs*, May 2005).

Big Pharma and its government branch, the FDA, work hard to convince us that the un-drugged life is not worth living and choosing natural options is unscientific, if not downright Un-American. Junk science (paid for by Pharma) tells us natural treatments are either bad for you or a waste of money. Look closely at the studies and you will see that they mean less than nothing. But with each one, natural health choices are further vilified by a compliant mainstream media and drugs are venerated.

Four billion dollars of Direct to Consumer Advertising revenue per year helps ensure that, despite the fact that all drugs are toxic, the deadly over-medication of America is among the most sacred of [cash] cows. Nearly half of America takes at least one drug.³ Tragically, seniors accept being drugged and toxic as “normal” yet, in Canada, almost 25% of hospital admissions in patients over 50 results from medication.⁴ And juniors, kids between zero and 18 years of age? Three out of every 1000 are on sleeping medication. (Of these, 39% were taking at least one other drug)⁵ Sixteen percent of kids on Medicaid are on at least one prescription medication⁶. Eleven million kids have alleged severe emotional disabilities. The pressure to medicate kids with dangerous, lethal drugs is intense despite the strong evidence that there are other, less toxic ways to treat and cure problems. Being drugged is, unfortunately, all too American.

Dissent and privacy are Un-American. The FBI says so. Psychiatric drugs are therefore American since they change and cloud thinking and stifle dissent. Without clear thought there is no meaningful Free Speech. Thanks goodness for psychiatric drugs, then, to protect us from dissent. We learned that one from the Soviets who drugged their dissidents. We have gone them one better: since it is American to do things bigger than everyone else, we are systematically drugging our entire populace. Now, from a government near you, a discount card is available for your deadly fix.

On November 2, 2005 I had the opportunity to address an FDA Public Hearing on Direct to Consumer Advertising. I pointed out that virtually none of the psychiatric drugs used in kids have been approved for long term pediatric use. There are no studies showing that they are safe or effective for long-term administration. NONE! Negative information (including violence, suicides and drug-induced deaths like that of a 15 year-old from acute pancreatitis on Zyprexa) is routinely suppressed by Pharma and their FDA accomplices. Brilliantly propagandized parents and doctors expose millions of kids to extremely dangerous experimental drugs. Allowing children to be experimented upon for profit with known toxins is American. In fact, the FDA and EPA have both signed off on the testing of known carcinogens (pesticides) on poor minority infants. Dangerous research of value only to corporations and potentially lethal to the poor, black, Latino or retarded subjects is American. We've been doing it for decades.

³ <http://www.cdc.gov/od/oc/media/pressrel/r041202.htm>

⁴ <http://www.opatoday.com/OPA/PublicResources-Seniors'SafeMedicationUseProgram.html>

⁵ Painter, K., *Are Your Kids Little Addicts?*, USA Today, p. 6D, 11/14/05

⁶ <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5417a5.htm>

Trusting doctors is American. Disagreeing with them is not, since parents who do so can lose custody of their children when the state removes them from their homes and medicates them. Have these parents been informed that psychiatric drugs are often addictive, cause reproductive failure, skeletal damage, endocrine damage and diabetes, mutations, neurological damage, suicidality and violent behaviors? Under these circumstances, is informed consent possible? Grace E. Jackson, MD has written eloquently about this issue in [Rethinking Psychiatric Drugs: A Guide for Informed Consent](#).

I reminded the FDA that long term use of psychoactive medications is experimental. The use of experimental drugs on people without their full and informed consent violates both the Helsinki Declaration and the Nuremberg Protocols and is, therefore, a Crime against Humanity.

There were no questions from the FDA.

Take a lesson from Nancy Reagan: Just say “NO!” to drugs. But do it with a lawyer at your side.