

Open Letter on CODEX ALIMENTARIUS by Rima. E. Laibow, M.D.

Dear Natural Healthcare Consumer,

Each day, every one of us is deluged with so much information, it's difficult to know what to read and what to throw out. You will want to read this one. Even though the letter you are holding in your hands is somewhat lengthy, without pretty pictures, I am asking you to sit down and take the time to read it through right now. I am also going to prepare you that what you are about to read will likely shock and anger you, but you cannot afford to put it aside.

Why? Because your health and freedom absolutely depend on it.

You need to be aware of a very real threat to your ability to access natural healthcare products and services that is coming to your national Congress *very soon*. Its long, scientific name sounds like an extinct dinosaur: CODEX ALIMENTARIUS. But, as a rational, highly respected medical doctor who has read and studied more than 16,000+ pages of the Commission's working documents, I believe I am uniquely qualified to tell you that **this is no sleeping dog**. I am not an alarmist, nor do I wish to be the bearer of bad news, but I can do no less than give you my fair and frank diagnosis: this silent, but deadly monster is about to render your healthcare freedom **extinct**.

The World Trade Organization (WTO) is poised to take away your right to healthcare guided by natural laws, scientific principles, and your own best judgment.

WTO standards that regulate food, herbs, and nutrients would eliminate your freedom to access these substances within the next few years. The proposed standards are extremely detrimental to the health of your own body and the environment, including the food supply.

Natural Healthcare Options Are About to Be Criminalized in the United States

How? By a draconian set of international regulations, already being slipped into effect in Australia, Canada and the European Union (EU), known as CODEX ALIMENTARIUS, which is Latin for "food rules." These food rules come from the UN's CODEX ALIMENTARIUS Commission to govern everything involved in production, processing, packaging and use of nutrients, supplements, food, traditional remedies and food components.

Created as a trade committee but **masquerading as a consumer protection strategy**, CODEX policy presents itself as harmless, or even beneficial, while, in reality, it is neither. CODEX's medically and environmentally horrific "standards" would result in untold harm to the healing arts and suffering for people who depend on clean foods and natural medicine for health and lifestyle choices.

Currently, in the United States, nutrients are treated as foods because Congress passed by **unanimous assent** the 1994 Dietary Supplements Health and Education Act (DSHEA), which is now in jeopardy. **In the US, any substance not explicitly**

forbidden is permitted as a nutrient. Under CODEX, the opposite would be true: any substance not explicitly *permitted* by CODEX would be *banned*.

CODEX intends that supplements and nutrients "may not be used to prevent, treat or cure any disease or condition." Yet, more than 80 percent of Americans use supplements for exactly these purposes! I know that I do. Nutritionally and environmentally-oriented physicians, health practitioners, and millions of increasingly sophisticated consumers like you routinely recommend and use natural minerals, supplements, and herbs, precisely because they *are effective* in preventing, treating and curing many chronic degenerative diseases and premature aging.

How can this possibly be happening?

I know, all of this is difficult to believe. Marshall McLuhan said it is easy to get people to believe a lie, particularly an outrageous lie. In my experience, the opposite is even more important: it is very difficult to get people to believe the truth if it is outrageous enough. Keep on reading, because this truth is one you definitely need to understand and believe.

Here is What CODEX Would Mean to You

Health food stores would no longer be able to market and distribute high dose, high potency nutritional supplements. Most health food stores and privately owned nutrient manufacturers would, I believe, no longer be in business if CODEX is allowed to take effect.

It would be *illegal* to manufacture, buy, sell, recommend, or use *any* but a small number of ultra-low dose synthetic nutrients. In the EU, for example, that number is 28, total! And the legal dosages are absurdly low because **they are intentionally designed to be too low to do you any good at all.**

Whether you are a consumer of natural health or a licensed health professional, you would not be able to get any natural supplement products legally. All natural supplements, traditional remedies, enzymes and other non-pharmaceutical treatments would be outlawed. The only legal options left would be the pharmaceutical ones.

A gram of Vitamin C would be an illegal drug under CODEX ALIMENTARIUS!

Think This Can't Happen Here?

Think again. It can and it will, *unless* we take immediate action and use our personal networks (such as email mailing lists) to distribute the truth about CODEX and inspiring everyone we communicate with to take action to protect health freedom from CODEX. Skilful disinformation is trying to make us believe that CODEX ALIMENTARIUS is a hoax and, at the same time, that it is beneficial for you and your family. This kind of illogical doublespeak is obvious to the discerning reader (visit healthfreedomusa.org/codexdisinformation for an in-depth analysis of CODEX disinformation and how to protect yourself from it).

The WTO is charged with enforcing these illogically homogeneous, worldwide global standards for food, nutrition and agriculture, which supersede all national laws and regulations of individual member nations (including the United States) who signed the WTO treaty. CODEX standards are enforced by WTO-imposed economic trade sanctions across the globe. The US Constitution says that treaty law trumps domestic law¹. The WTO Treaty prevails here: the *WTO Sanitary and Phytosanitary Agreement* which we signed requires that members *shall* (emphasis added) conform their domestic standards to WTO accepted standards. So CODEX standards prevail here unless we change the territory and take action now to prevent it from being ratified this July by the American Congress (I will tell you what you can do to take action to protect yourself from CODEX at the end of this letter).

Once ratified, we would be forced to follow the European CODEX rules, which cannot be repealed or changed by a WTO member nation! CODEX sets international standards for everything from Parmesan cheese to sweet cassava, canned sardines to chicken meat, Echinacea to rice. These standards are very nearly complete: final ratification of the Vitamin and Mineral Guidelines restriction package is expected at the CODEX ALIMENTARIUS Committee meeting in Rome July 4-9, 2005.

Why Haven't We Heard Anything About This?

The CODEX ALIMENTARIUS Commission meets about every two years, always offshore (Rome or Paris, etc. and never in Smallville, USA), a fact that almost insures it stays invisible to the American people. The United States sends representatives to the Commission who have well-documented, unwholesome conflicts of interest with the very industries that stand to profit and benefit from the wholesale implementation of the CODEX standards. And the media, owned by members of the same "club", dutifully remains silent. See www.healthfreedomusa.org/who for my analysis about who is behind CODEX, namely, who would profit from its implementation.

By now, it probably won't be a surprise that health scientists, natural physicians and consumers alike have been, for all practical purposes, excluded from official CODEX discussions. The few observers present have not been permitted to speak. A small number of Non Governmental Organizations (NGOs) are permitted to speak but not vote and most of them represent interests unrelated to health consumers. Of course, the real work of such a complex regulatory structure takes place outside of those official sessions. And none of these health advocates have access to meetings or agreements, either. Yet CODEX would take away our health freedoms against our will, if we allow ourselves to be "harmonized" or mandated to comply with CODEX. And official US policy, in clear defiance of US law, has been adopted by the United States in support of the pro-illness Vitamin and Mineral Guideline at the Rome CAC meeting, July 4-9, 2005.

If you have a jar of pickles and remove the label, replacing it with a mayonnaise label, you still know you will find pickles when you open the jar. The packaging of CODEX policy under the label of protecting fair trade, public health and safety does not make it true. Underneath CODEX's altruistic labelling is a sinister poisoned apple of devastating global policy that is, in fact, driven by economic concerns of large corporate interests (visit www.healthfreedomusa.org/who for more information about these special interests).

¹ U.S. Constitution, Article VI, Clause 2

What Can We Do to Protect Health Freedom from CODEX?

We can't sit by and let this happen, that's for certain. It is imperative that everyone concerned about healthcare, his or her friends, relatives, healthcare providers, entrepreneurs, business people, politicians, journalists, speakers, teachers... **everyone who cares about a healthy and free America** ... become involved to prevent CODEX from being forced onto the United States. HealthFreedomUSA.org has been created to make it easy for people to get involved.

Now that you know more about the boat we're all in together, let me hand you a paddle. This threat to our ability to choose our own life support, CODEX, demands one of the most powerful tools we have in a democracy: grassroots political action. We have to get together and start making a very loud noise!

The 6 Easy Steps to Protecting America from CODEX

One of the most powerful tools available to us is grass-roots political and legal action, grass-roots action that is driven by the communication and outreach power of the Internet. The Internet allows us to bypass the autocratic media behemoths (who are silent about CODEX), and reach the minds and hearts of millions of Americans from their computer screens. CODEX is anything but democratic. But, We, the American people, can use the democratic process to our advantage by following the **"6 Easy Steps to Protecting America from CODEX"**. These six steps are proven to work, and they are available to you from the comfort of your computer chair.

Each step is part of a powerful political and legal strategy to protect America from CODEX. The power of the Internet makes it possible for you to make a real difference.

Log on to the Internet now and visit www.healthfreedomusa.org/action and join the campaign to protect health freedom in America from CODEX.

Concerned individuals, health practitioners, entrepreneurs (especially those in the wellness and fitness industries), politicians, and other Americans are coming together, united as a People, to protect each other and those we love from this looming threat. Alone we are powerless. Acting together we ARE America!

Yours in Health and Freedom,

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